Positive and Negative

The components of astrology prompt both positive and negative considerations. The following lists depict the assumptions used in the interpretation of astrology. Each component begins with key phrases followed by positive and negative connotations.

☌ conjunction
strong attempt to blend different techniques or skills
+ a new start, blending of skills, strong focus, automatic expression
– confused technique, obsessive use, impulsiveness, refusal to reconcile

⚹ sextile
good ideas and social contacts, awareness of things and people
+ insight, options, facility, reduced outside resistance, acceptance, cooperation
– limited challenges, inertia, things come too easily, taking things for granted

□ square
challenge weighing past techniques to present situations
+ a chance to learn or master techniques, strong motivation to test situations, intense focus on what needs to be done
– conflict, confrontation, tension, compulsion, obstacles to goals

Step 1. Fold along this line first. (Crease with fingernail, then unfold.)

Aspects

△ trine
deep insight and enjoyment, harmony with use or situation
+ ease of use, opportunities, fluidity, acceleration of contacts, luck, deep insight, great enjoyment with, ease of expression
– taking things for granted, inertia, abuse of resources or skills, sloppiness

☍ opposition
balancing approaches with others, reconciling what is around you
+ recognition of need to balance, acceptance of other approaches, willingness to share
– confrontation with others, denial of other's insights, ignorance or denial of other options

Step 2. Fold along the three dash-lines. (Crease with fingernail, then unfold.)

Planets

☉ sun
authorities, ego, men, heart, back, spine
+ vitality, focus, life-goals, purpose
– egotism, arrogance, abused abilities

☽ moon
emotions, intuition, the past, women, the public, the ocean, stomach, breasts, lymphic system
+ sympathy, nurturing, social assimilation
– moodiness, defensiveness, past defendant, manipulative

☿ Mercury
communication, youth, detail work, immediate contacts, near travel, siblings, servants, arms, hands, liver, nervous system, gall bladder, spleen
+ logic, thought, perception, dexterity, versatility
– nervousness, verbosity, indecision, nitpicking

♀ Venus
art, female sexuality, food and drink, partners, throat, neck, skin tone, kidneys, intestines, ears
+ sociability, affection, sensuality, diplomacy, balance
– over-indulgence, sentimentality, stubbornness, rationalization, dependence

♂ Mars
energy, competition, individualism, male sexuality, iron and steel, surgery, sexual and excratory organs, upper kidneys, head, face, muscles
+ courage, will, desire, commitment, direction, determination, passion
– lust, perversion, over-competitiveness, impulsiveness

♃ Jupiter
the law, travel, philosophy, religion, salesmanship, expansion, sports, in-laws, hips, thighs, liver, weight, education
+ wisdom, optimism, speculation, opportunity, generosity, ambition, luck, expanded goals
– over-optimism, sloppiness, pomposity, extravagance, poor judgement, foot-in-mouth

♄ Saturn
structure, crystalization, stability, order, time, the finite, the past, older people, education, morals, teeth, bones, knees, science
+ concentrations, patience, responsibility, thrift, discipline, diligence, prudence
– repression, restriction, pessimism, rigidity, past oriented, prejudiced

Step 3. Re-fold lengthwise and along dash-lines so that the dash-lines are inside the folds.

PsyPlan™ Keyword Guide

Zodiac

♈ Aries	♌ Leo	♐ Sagittarius
♉ Taurus	♍ Virgo	♑ Capricorn
♊ Gemini	♎ Libra	♒ Aquarius
♋ Cancer	♏ Scorpio	♓ Pisces

Planets

☉ Sun	♂ Mars	♆ Neptune
☽ Moon	♃ Jupiter	♇ Pluto
☿ Mercury	♄ Saturn	Asc Ascendant
♀ Venus	♅ Uranus	MC Midheaven

Planetary Motion

℞ retrograde D direct

Aspects

△ trine
☌ conjunct
□ square
⚹ sextile
☍ opposite

Moon Phases

● new moon
◐ waxing moon
○ full moon
◑ waning moon
⅋ void of course

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Step 4. With booklet completely folded, tape and/or staple along lines on front cover.
Step 5. Cut the folds between Monday and Thursday. (Start cut from top.)

MC midheaven
point of culmination, career, status, authorities, the public arena, recognition
+ ability to get along with authorities, recognition, defined goals, popularity, respect
– problems with authorities, stifled goals, lack of social skills, alienation, confused social image, career problems

Focus on planets, moon is a trigger.

The planets offer a more powerful indication of present personal trends. The moon is a trigger that sets off the planetary influences.

You'll feel square, opposition and conjunction more than trine and sextile.

Squares, oppositions and hard conjunctions (conjunctions between incompatible planets) are tension laden, challenging influences. These influences indicate a need for action. Circumstances in life will force decisions under these influences.

Conjunctions between incompatible planets are hard conjunctions:

Trines and sextiles and easy conjunctions are flowing aspects that do not force one to do anything. But these are times when you should pay attention closely. Trines and sextiles show you when you can make life go your way. If you take favorable action during a trine or a sextile influence, you will have less problems when squares, oppositions and hard conjunctions show up in your PsyPlan. You may not have much motivation to act during a trine or sextile period, but will usually be more effective if you do.

Trines are easier then sextiles, but they are even less of a motivation. Sextiles represent opportunities to take advantage of. During trines, success may fall into your lap, but don't expect it.

Conjunctions between compatible planets are easy conjunctions:

Symbols and Keywords

Aspects
- ☌ **conjunction** - enhances or burdens
- ⚹ **sextile** - supports
- □ **square** - strains
- △ **trine** - favors
- ☍ **opposition** - confronts

Planets
- ☉ **sun** - power
- ☽ **moon** - emotion
- ☿ **Mercury** - expression
- ♀ **Venus** - affection
- ♂ **Mars** - action
- ♃ **Jupiter** - expansion
- ♄ **Saturn** - effort
- ♅ **Uranus** - freedom
- ♆ **Neptune** - impression
- ♇ **Pluto** - change

Zodiac
- ♈ **aries** - assertive
- ♉ **taurus** - possessive
- ♊ **gemini** - flexible
- ♋ **cancer** - sensitive
- ♌ **leo** - dramatic
- ♍ **virgo** - helpful
- ♎ **libra** - balanced
- ♏ **scorpio** - ardent
- ♐ **sagittarius** - friendly
- ♑ **capricorn** - practical
- ♒ **aquarius** - creative
- ♓ **pisces** - intuitive

Note: Remember Step 5. -- It will be hidden when stapled.

♅ Uranus
technology, the future, group awareness, electricity, complex systems, sudden events, freedom, group contacts, friends, science, ankles, calves, nerve impulses, accidents, large communications
+ inventiveness, independence, farsightedness, perceptiveness, technically adept
– eccentricity, irresponsibility, rebellious, hyper-sensitive, dogmatic, impulsive

♆ Neptune
alcohol, drugs, strange environments, poisons, gases, the ocean, hospitals, prisons, mental institutions, secrets, the occult, charity, oil, plastics, art, music, film
+ compassion, fantasy, identification, idealism, inspiration, selflessness, imagination, sensitive, faithful, glamour
– delusion, confusion, addiction, seduction, manipulation, vulnerable, sloppy, defuse, indecisive

♇ Pluto
ability to amass power, recycling, healing, redirection, group power, amassed energy, group resources, significant changes
+ transcending, self-directed, focussed, probing, genuine, intense, powerful, independent, power-skilled
– abused power or abilities, obsessions, jealous, megalomania, sociopathic, alienated, cunning

Asc ascendant
self-image, first impressions, health, integration with body, immediate reactions
+ immediate, comfort with body, attractive, vitality, good first impression
– discomfort with body, low vitality, poor coordination, poor first impression